

Lifetime Learning Institute
Courses Offered for Fall, 2018 Term
September 10 to November 2, 2018

Since 1977, the Lifetime Learning Institute (LLI) has provided non-credit classes to adults 50 years of age and over in Austin. It's an independent, nonprofit organization staffed by volunteers, and every year more than 26 Austin churches and other community-minded institutions partner with LLI to provide classroom space, allowing LLI to keep tuitions as low as possible.

REGISTRATION INFORMATION: You can register **online** with a credit card and receive instant order confirmation, or you can register by mail as in the past. Either way the course fee is still just \$20.

- To register online, make note of your desired course number(s) from the catalog and go to lliaustin.eventbrite.com beginning Wednesday, August 15. You will need to provide an email address, a credit card number and a preferred phone number (which you enter into the home phone query, regardless of whether it's a cell or home phone). You'll receive a registration order receipt by email and your registration will be complete.
- To register by mail, complete a registration form, sign the form and mail it to the LLI office along with a check covering total course registration fees. If a class for which you register is filled or cancelled, you'll be notified before the start date. The information you provide on the mail-in registration form will be entered into the Eventbrite registration system for you by LLI registration staff and if you provide an email address, you'll receive a registration order confirmation and receipt from Eventbrite by email.
- **COST AN ISSUE FOR YOU?** There are a limited number of course fee waivers available each term. To request one, use mail-in registration and write "Requesting Fee Waiver" prominently on your registration card. Do not include payment. Sign your card. **Please note—one \$20 course waiver per person per term.**

Classes may fill quickly, so do not delay registering. Once classes begin there are no refunds, but you can transfer to an available class. Call the office, which will be staffed beginning **Wednesday, August 15**, or you can leave a phone message at any time and someone will get back to you.

Office 7703 N. Lamar, Suite 102, Austin, TX 78752
Telephone 512-206-4232

Brought to you by volunteers who believe that learning is one of life's most vital pleasures. In addition to all the instructors listed in this session's catalog, the following people volunteer for LLI.

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IN MEMORY

With fondest memories, we mourn the loss of Marilyn Arrigona, an LLI Advisory Council member and inspiring participant for many years, and Carol Raney, an always welcoming and caring Teacher Assistant.

Our Thanks to LLI Institutional Partners for Fall, 2018:

Ascension Lutheran Church
Belmont Village Senior Living Westlake Hills
Berkeley United Methodist Church
Bethany United Methodist Church
Brookdale Parmer Lane Assisted Living
Christ Lutheran Church
Corazon Latino Dance Studio
Covenant Presbyterian Church
Crestview United Methodist Church
Faith Lutheran Church
Genesis Presbyterian Church
Highland Park Baptist Church
Lamar Senior Activity Center
Northwest Recreation Center
Renaissance—Austin
St. Luke United Methodist Church
St. Martin's Lutheran Church
St. Matthew's Episcopal Church
Triumphant Love Lutheran Church
United Christian Church
Unity Church of Austin
Unity Church of the Hills
Westlake Hills Presbyterian Church
Westminster Presbyterian Church
Westover Hills Church of Christ
YMCA North

Schedule at a Glance

Monday Morning

1. *Hiking Austin Trails*
2. *Chair Yoga*
3. *Tatting*
4. *T'ai Chi for Arthritis*
5. *Intermediate Italian*
6. *A Visit to China*
7. *Intermediate Spanish*
8. *Spanish Upper Level*
9. *Italian Beginner 1*
10. *Cuneiform to Computers*
11. *Works of Federico García Lorca*

Monday Afternoon

12. *Oil Painting, Beg. 1*
13. *Great Books—Imperfect Ideal*
14. *Calligraphy—Italic*
15. *HVAC for Homeowners*
16. *How to Listen to Classical Music*
17. *Hatha Yoga*
18. *Italian Beginner 2*

Tuesday Morning

19. *Find Your Ancestors*
20. *Fitness Fun*
21. *Advanced Spanish*
22. *Spanish Beginner 2A*
23. *Exploring Historic San Antonio*
24. *Intermediate French*
25. *Meditation and Near Death Experience*
26. *Emotion and Meaning in the Arts*
27. *Financial Planning*
28. *Art of Bobbin Lace*
29. *Chair Yoga*

Tuesday Afternoon

30. *Knitting and Crocheting*
31. *Islam—Faith, State and History*
32. *Seniors in Comic Films*
33. *Hindi Conversation and Culture*
34. *Ancient History of the Western World*
35. *Journaling Your Journey*

Tuesday Afternoon Cont.

36. *The Habsburgs as Art Patrons and Collectors*
37. *Great Poets*
38. *Conversational French*
39. *What Hath We Wrought?*

Wednesday Morning

40. *Estate Planning and Probate*
41. *Write Your Story*
42. *Birds of Central Texas*
43. *Earth, Wind and Fire—Geology*
44. *German Intermediate*
45. *Genealogical Research Workshop*
46. *Writing Memoirs*
47. *Vikings—Raiders, Traders, Settlers*
48. *Therapeutic Yoga*
49. *Spanish Beginner 2B*
50. *Spanish Special Topics*
51. *Line Dance 101*

Wednesday Afternoon

52. *Acrylics Open Studio*
53. *Beginning Quiltmaking*
54. *Italian for Beginners 2*
55. *Photography as Lyrical Documentary*
56. *The Short Story*

Thursday Morning

57. *India—Country of Diversity*
58. *Intermediate Spanish*
59. *Beginning French 2*
60. *U.S. Foreign Relations Discussion Group*
61. *Intro to Nuclear Science*
62. *Consort Recorder*
63. *Mah Jongg*

Thursday Afternoon

64. *Beginner German 1*
65. *LGBT Images in Film—1990s*
66. *TED Talks Discussion Group*
67. *Exploring End-of-Life Options*
68. *Zentangles—Line and Pattern Drawing*
69. *Intermediate Kumihimo*
70. *PCs to Phones and More—Simple Advice*
71. *T'ai Chi (Taiji) and Qigong*
72. *Beginner German 2*
73. *Films—American Comedy*
74. *Yoga Fit*

Friday Morning

75. *Knitting and Crocheting*
76. *Your Memoirs—Your Written Legacy*
77. *Spanish Beginners 2A*
78. *Yin Yoga*
79. *Entomology—Get to Know the Insects*
80. *Photographer's Eye*
81. *The Craft of Lifestory Writing*
82. *Mosaics and More (Open Studio)*
83. *Your Mother's Daughter—A Writing Workshop*
84. *Advanced Quilting—Pineapples*
85. *Line Dance 102*

Friday Afternoon

86. *Write Your Story—It's Easier than You Think*

Monday Morning—8 Meetings Unless Otherwise Noted

- 1. HIKING AUSTIN TRAILS** Start the week with a hike. Join us to experience trails in and around Austin. We will begin on Lady Bird Lake and then explore other venues. We will hike for about two hours at a steady pace, going three to four miles each hike. One hiking spot has an entrance fee. A hiking schedule with detailed information will be e-mailed to each registrant prior to the beginning of the class with the subject “LLI Fall Hiking Class.”
Please note there is a 2-week delayed start (after other LLI classes) for better hiking temperatures. No class on October 22; course extends one week. 6 classes.

Jim and Wanda Mills

9:30—11:30 A.M. Monday, Starts **Sept 24.**

Meet near the entrance to the Barton Springs Pool in Zilker Park.

- 2. CHAIR YOGA—BEGINNING PRACTICE** Chair Yoga uses straight-backed chairs without arms to support students as they move in gentle, modified yoga movements. The class will consist of seated poses to enhance relaxation and encourage deep abdominal breathing, and modified standing poses using chairs as needed for stability. No floorwork exercises. Increased flexibility, strength, and range of motion can result from gentle movement through simple poses. Wear comfortable, loose-fitting clothing. The instructor is a certified yoga instructor who has studied and practiced yoga for 10 years and taught for 3 years. Limit 25.

Linda Gibson

9:30—10:30 A.M. Monday, Starts Sept. 10

Covenant Presbyterian Church, Eaton Hall
3003 Northland Drive (78757)

- 3. TATTING—AN ELEGANT, INEXPENSIVE HANDICRAFT**

Tatting produces durable, beautiful lace for edgings, collars, bookmarks, ornaments, even jewelry. Once you learn the basic technique of constructing knots and loops, it is fun, economical and portable. Websites such as www.tattedtreasures.com provide many examples and inspiration. Beginners should call the instructor at 512-345-1256 regarding materials. Limit 12.

Jo Saunders

10:00—Noon Monday, Starts Sept. 10

Ascension Lutheran Church
6420 Hart Lane (78731)

Monday Morning—8 Meetings Unless Otherwise Noted

4. **T'AI CHI FOR ARTHRITIS—BEGINNING PRACTICE** This is a gentle, easy-to-learn form of t'ai chi. It is designed for people who are older, who have joint problems, or who simply want to learn an introduction to t'ai chi. Students can expect to enhance balance, build strength and improve coordination. The class consists of warm-ups, t'ai chi practice, and instruction on safe movement. Wear comfortable, loose-fitting clothing and flexible-soled shoes. The instructor is a certified t'ai chi instructor who has studied t'ai chi for 19 years and taught for 9 years. Limit 25.

Linda Gibson

10:30—11:30 A.M. Monday, Starts Sept. 10

Covenant Presbyterian Church, Eaton Hall

3003 Northland Drive (78757)

5. **INTERMEDIATE ITALIAN** For students who have had Italian before and are able to use basic grammar and verb forms, this course focuses on improving your ability to communicate by expanding your vocabulary, reading skills and comprehension. The instructor is a native speaker of Italian and an experienced language teacher and learner. She will advise about level readiness and textbook at the first class meeting. Please bring \$3 to cover cost of copies. Limit 15. **Note 1-week delayed start; course extends one week.**

Tina Polo

10:00—Noon Monday, **Starts Sept. 17**

Triumphant Love Lutheran Church

9508 Great Hills Trail (78759)

6. **A VISIT TO CHINA** Using a collection of travel photographs, this course presents an overview of China and its recent emergence as the largest economy in the world. The development of the economy has resulted in mass movement from farms to cities and an increase in pollution. We will look at some of China's most important cities such as Beijing and Shanghai. Special attention will be given to the Three Gorges Dam Project and its impact on the local people. We will visit some World Heritage sites in China and relate them to their place in history through film clips. We will also view a Chinese fiction film about a family living through the Chinese Communist takeover and through the end of the Cultural Revolution. Limit 20.

Ezra Lippincott, PhD

10:00—Noon Monday, Starts Sept. 10

Belmont Village Senior Living West Lake

4310 Bee Cave Road (78746)

Monday Morning—8 Meetings Unless Otherwise Noted

- 7. INTERMEDIATE SPANISH—THE SUBJUNCTIVE MOOD** For those who have completed at least the second level of beginning Spanish at LLI (Beginner 2 A and B) or its equivalent, this course provides a review of verb tenses with an emphasis on exploring the subjunctive mood—what it is, why it exists, and how and when to use it. The course includes a lot of speaking practice. Please bring a good dictionary and \$3 for handouts. Limit 15.

Greg Thompson

10:00—Noon Monday, Starts Sept. 10

St. Luke United Methodist Church

306 West Lynn Street (78703)

- 8. SPANISH UPPER LEVEL—CONVERSATION/BOOK CLUB** This course is conducted entirely in Spanish, and it is designed for persons with some proficiency in the language. During the first hour, the students present informally on any topic followed by a short discussion, a basic grammar review and discussion of an advanced grammar topic. During the second hour the professor guides a discussion based on the preassigned readings for the week. Questions based on the reading are then discussed, bringing to the surface grammatical and idiomatic phrases for consideration. Selected reading for the September-November period: *El Murmullo de las Abejas* by Sofia Segovia. Note: This course is integrated with an ongoing year-long Spanish program. Attempts are made to have a new project coincide with the LLI term. Limit 30.

Ruth Arellano

10:00—Noon Monday, Starts Sept. 10

Genesis Presbyterian Church

1507 Wilshire Boulevard (78722)

- 9. ITALIAN BEGINNER 1** Learn the basics of Italian pronunciation and grammar and enjoy listening to and producing dialogues and phrases in Italian useful in travel and conversation. The course will also include listening to and discussing arias from favorite Italian operas. Time permitting, examples of Italian film will be shown and discussed. There may be a modest charge for class materials. Limit 23.

Edmund Nichols

10:00 A.M.— 11:45 A.M. Monday, Starts Sept. 10

St. Martin's Lutheran Church

606 West 15th Street (78701)

Monday Morning—8 Meetings Unless Otherwise Noted

- 10. FROM CUNEIFORM TO COMPUTERS: A BRIEF HISTORY OF THE EVOLUTION OF SHARED INFORMATION** Five lectures will cover the social and technological history of the evolution of shared information from early history to the present. After a glance at the ancient and medieval worlds, we concentrate on the origin of printing and the creation of a new print world. We will then explore how computers and digitization have changed how we find information and use it. Our sixth and last class takes place at the new downtown Austin Central Library where we will have a guided tour of one of the newest libraries in the United States. Please bring \$5 for handouts. Our instructor is a retired librarian with long experience in public, university, and corporate libraries. Limit 25. **6 classes.**

Olga Bornstein Wise

10:00—Noon Monday, Starts Sept. 10

Westover Hills Church of Christ

8332 Mesa Drive (78759)

- 11. THE LIFE, ART, AND LEGACY OF FEDERICO GARCIA LORCA** Discover the work of Federico García Lorca (1898-1936), the most celebrated writer of twentieth-century Spain. Perhaps you have seen a stage production of the internationally renowned *Blood Wedding*, listened to a flamenco setting of one of the *Gypsy Ballads*, read his groundbreaking *Poet in New York* or heard about his tragic death during the Spanish Civil War. This class provides a wide-ranging exploration of the depth and breadth of Lorca's life, art, and legacy. Our discussions of his poetry, drama, painting, and aesthetic writings will be supplemented with handouts, music, film clips, and other interdisciplinary materials. The course is taught in English. All readings will be available in quality bilingual editions. Please bring \$5 to first class for course materials. Limit 30.

Catharine E. Wall

10:00—Noon Monday, Starts Sept. 10

Westover Hills Church of Christ

8332 Mesa Drive (78759)

Monday Afternoon—8 Meetings Unless Otherwise Noted

- 12. OIL PAINTING, BEGINNERS 1** This course concentrates on the basics of oil painting for the beginning oil painter. The students will be introduced to the paints, brushes and other supplies and use them in a series of exercises and painting. They will learn how to prepare a canvas for painting, characteristics of different painting surfaces, and how to use various implements to apply paint. Students will also explore color mixing and using color to express shape, form and dimension. No prior experience is necessary. Feel free to repeat this class to reinforce the concepts introduced. Supplies are an extra expense. Instructor will contact you regarding supply list. Please bring \$6 to the first class for handouts. Limit 15. **6 classes.**

Cherry Taylor

1:00—4:00 P.M. Monday, Starts Sept. 10

United Christian Church

3500 W. Parmer Lane (west of MoPac) (78727)

- 13. IMPERFECT IDEAL: UTOPIAN AND DYSTOPIAN VISIONS—GREAT BOOKS DISCUSSION** This Great Books anthology is a collection of thought-provoking works by Ursula K. Le Guin, Oscar Wilde, Vladimir Lenin, Jennifer Egan, George Saunders, and others illustrating the best and worst of what can happen when we attempt to mold the complex communities in which we live into our vision of a perfect society. It challenges readers to question what kinds of communities are most conducive to human fulfillment, both privately and in the civic arena. The class uses *shared inquiry* to discuss these works, combining both *interpretive discussion* (interpretation and meaning conveyed by the author's words) and *evaluative discussion* (how do the author's words speak to us?). Class participants should read the PREFACE (ix-xii) as well as *The Ones Who Walk Away from Omelas* (Le Guin) and *Utopia*/selection (Moore) in preparation for the first class. *Imperfect Ideal* is available through the Great Books Foundation in both print and e-book format at: www.greatbooks.org or <https://store.greatbooks.org/imperfect-ideal-utopian-and-dystopian-visions.html> ISBN 978-1-939014-20-7: 480 pages. Used copies are available through various resellers. Selected readings may be available online. For specific questions, please email the facilitator, Michelle d'Arcy, at gblliaustin@gmail.com Limit 20.

Michelle d'Arcy

1:00—3:00 P.M. Monday, Starts Sept. 10

St. Luke United Methodist Church

1306 West Lynn Street (78703)

Monday Afternoon—8 Meetings Unless Otherwise Noted

- 14. CALLIGRAPHY—ITALIC** The class will learn and practice the Italic style of calligraphy. Italic was developed during the 15th century Italian Renaissance. Emphasis will be on making a variety of greeting cards and addressing envelopes. Other projects will be included as desired by class members. Limit 20. **6 classes.**

Lois Mayes

1:00—3:00 P.M. Monday, Starts Sept. 10

Faith Lutheran Church

6600 Woodrow Avenue (78757)

- 15. HVAC FOR HOMEOWNERS** Air conditioners and heaters are an integral part of every home, especially in the extreme temperatures of Texas. All homeowners want to save on utility bills by keeping their HVAC system as efficient as possible through proper maintenance. But what do you do? How do you do it the proper way? And what is “efficient” by today's standards? How, exactly, does an HVAC system work? What about the latest tech features? All of these questions and more will be answered in this course. By learning about HVAC system components and their inner workings, you will be better equipped to do simple troubleshooting, have improved dialogue with HVAC technicians, and have a more efficient and dependable system! Our instructor is a certified technician and experienced teacher. Limit 25.

Oscar Manzano

1:00—3:00 P.M. Monday, Starts Sept. 10

Triumphant Love Lutheran Church

9508 Great Hills Trail (78759)

- 16. HOW TO LISTEN TO CLASSICAL MUSIC** By focusing on different ways of listening and understanding, we enrich and deepen our enjoyment of classical music. We will listen to representative masterworks and discuss their style, form and meaning. The selection of works changes from semester to semester. Questions to be raised include the role of interpretation and the importance of rehearsing music. No formal musical background is required. Limit 35.

Hanns-Bertold Dietz, PhD

2:00—4:00 P.M. Monday, Starts Sept. 10

Westminster Presbyterian Church

3208 Exposition Boulevard (78703)

Monday Afternoon—8 Meetings Unless Otherwise Noted

- 17. HATHA YOGA** Have you hesitated to enter a yoga class because you felt you weren't flexible or young enough or simply lacked the confidence? My belief is, if you breathe you can do yoga. I am a senior yoga teacher and I am aware of the negative aspects of aging. I stress breath, mobility and stability. Yoga can help you feel more vital and confident, as well as help you relieve stress and stay "present." Quieting the mind, linking breath with movement and fostering self-awareness can bring steadiness and ease into your life. This is not a beginner class, but rather a gentle Hatha practice for those who are familiar with some yoga poses. Bring a mat, towel and water to class as well as any props if you have them (block, blanket or strap). Let's practice together! Limit 18.

Nancy Goldman

1:00—2:15 P.M. Monday, Starts Sept. 10

Ascension Lutheran Church (Gym)

6420 Hart Lane (78731)

- 18. ITALIAN BEGINNER 2** This course is for those who have had a primary course in Italian or who have some knowledge of the language. Additional attention will be paid to Italian grammar and pronunciation. Classroom exercises on dialogue and conversation will be aimed at making students comfortable with the language. Operatic arias and film examples will add special flavor to the class. There may be a modest charge for materials. Limit 23.

Edmund Nichols

1:30—3:15 P.M. Monday, Starts Sept. 10

St. Martin's Lutheran Church

606 West 15th Street (78701)

Tuesday Morning—8 Meetings Unless Otherwise Noted

- 19. FIND YOUR ANCESTORS** Exploring records to learn about your ancestors—who they were, where they lived, what they did—has never been easier or more exciting. The Austin Genealogical Society exists to encourage and support such searches, using methods old and new. Each session is presented by a member of the society, covering a variety of topics. Beginners and experienced researchers are welcome. Expect to pay \$3 to the coordinator for copies. Limit 20.

Inez Eppright, Coordinator

10:00—Noon Tuesday, Starts Sept. 11

Triumphant Love Lutheran Church

9508 Great Hills Trail (78759)

- 20. FITNESS FUN FOR MEN AND WOMEN** Exercise with yoga, t'ai chi, Zumba and Texercise with this expert on senior fitness and community resources. Join this fun-filled 120 minutes for a total body workout to promote cardiovascular health, increase muscular strength and improve balance and flexibility, and sample healthy food. We'll practice deep breathing, improve our coordination and learn mind-body relaxation techniques. Be HAPPY! Be ACTIVE! Be HEALTHY! Limit 25.

Rusty Cribbs

10:00—Noon Tuesday, Starts Sept. 11

Ascension Lutheran Church

6420 Hart Lane (78731)

- 21. ADVANCED SPANISH —WRITING, READING AND CONVERSATION**

This course is designed to encourage intermediate and higher-level students to read, think, write and communicate in Spanish, using short stories, online Spanish-language news and cultural publications, and in-class sharing opportunities. Each student will select one Spanish-speaking country to research and report on that country's current news or culture. We will read and discuss selected articles and stories from the textbook, *Album* by Joy Renjilian-Burgy and Rebecca M. Valette, 3rd Ed. (available **used** locally and online). Limit 15.

Jorge A. Hidrobo, PhD

10:00—Noon Tuesday, Starts Sept. 11

St. Martin's Lutheran Church

606 West 15th (78701)

Tuesday Morning—8 Meetings Unless Otherwise Noted

- 22. SPANISH FOR BEGINNERS 2A** This course is for students who have completed the LLI Beginner 1 courses or equivalent, and who can use many Spanish verbs in the present tense. We will begin to work on verbs in the past tenses, while practicing more basic grammar, pronunciation, vocabulary, and everyday conversations. You will need a notebook and a good Spanish-English dictionary. Please bring \$3 to class for handouts. Limit 20.

Odilia Leal-McBride, PhD

10:00—Noon Tuesday, Starts Sept. 11

Faith Lutheran Church

6600 Woodrow Avenue (78757)

- 23. EXPLORING HISTORIC SAN ANTONIO** Our story begins in 1718 when San Antonio de Valero opened as a mud-hut mission. We learn of the Canary Islanders who were San Antonio's first civilian settlers and the arrival of the East Texas missions. We find out about the origin of the Governor's Palace and the development of LaVillita. We talk about movers and shakers—Mavericks, Mengers, Brackenridges, and Guenthers. We remember the 1836 "Battle of the Alamo" and the saga of the ladies' "Second Battle of the Alamo." Newlyweds Lt. Ike and Mamie Eisenhower were at Fort Sam Houston along with General John J. Pershing, Geronimo, and Teddy Roosevelt and his Rough Riders. We discuss the Japanese Tea Garden, the Witte, the Art Museum in the old Brewery, and the McNay. San Antonio created its amazing RiverWalk, moved a hotel along the streets of downtown, built Hemisfair and the Institute of Texan Cultures. Today, the Alamo is about to get dressed up. Limit 50.

Myra Hargrave McIlvain

10:00—Noon Tuesday, Starts Sept. 11

Northwest Recreation Center

2913 Northland Drive (78757)

- 24. INTERMEDIATE FRENCH** This is the course for those with some background in French who want to expand their vocabulary; improve pronunciation, reading and listening comprehension; and learn to communicate in French. Limit 25.

Betty Clough

10:00—Noon Tuesday, Starts Sept. 11

Highland Park Baptist Church

5206 Balcones Drive (78731)

Tuesday Morning—8 Meetings Unless Otherwise Noted

- 25. AN INTRODUCTION TO MEDITATION AND NEAR-DEATH EXPERIENCE** This course focuses mainly on meditation and visualization and their many benefits for a healthy mind, body and soul. An entire class will also be dedicated to the phenomenon of near-death experience and how it can point to the existence of human spirit and an afterlife. We will use multi-media lectures, video clips and contemplation on passages from the sacred literature of the world. The instructor is an experienced teacher of world religions, has led seminars on meditation and is an author published in the fields of life after death, near-death experience and meditation. Limit 30. **6 classes.**

Farnaz Masumian

10:00—Noon Tuesday, Starts Sept. 11

Unity Church of Austin

5501 W. Hwy. 290 Service Road (78735)

- 26. EMOTION AND MEANING IN THE ARTS—MODERNISM** This is a seminar for people who want to explore how the arts affect us and why they matter. The topic this term is modernism in the visual and literary arts. The course will focus on specific works of modern art against the backdrop of the modernist break with tradition in Western art and culture that began in the late 19th century and accelerated after the First World War. It is thus not a survey of modernism, but, rather, a look at representative works by modern artists such as Cezanne, Picasso and O’Keeffe, and authors such as Eliot, Hemingway and Beckett. Literary works will be readable on a weekly basis except, perhaps, for Hemingway’s short, iconic novel *The Sun Also Rises*, which registrants may wish to start before classes begin. Except for *The Sun*, all works to be discussed will be available online or provided by the instructor. The instructor has taught literature in college, has published poetry and art criticism, and has curated exhibitions for a museum of which he was a trustee. Limit 18.

Joseph Longino, PhD

10:00—Noon Tuesday, Starts Sept. 11

Westover Hills Church of Christ

8332 Mesa Drive (78759)

Tuesday Morning—8 Meetings Unless Otherwise Noted

27. FINANCIAL PLANNING WORKSHOP No matter what your age, you need to be well informed about investments and financial planning. This course offers an easy way to learn how to save, invest and work toward your financial goals. Whether you are just starting out or want to learn something new, the workshop will give you real-world strategies that are easy to follow. In this workshop you'll learn:

- Key features of bonds, stocks and mutual funds
- Steps you can take to prepare for retirement
- How insurance can help protect against unexpected life events
- Basics of estate planning

A detailed workbook will be provided. Our Instructor is a registered financial advisor and experienced presenter. Limit 24.

Chris Cybulski

10:00—11:30 A.M. Tuesday, Starts Sept. 11

Lamar Senior Activity Center

2874 Shoal Crest (near 29th and N. Lamar)

(78705)

28. ROMANCE AND ART OF BOBBIN LACE Ever wonder how laces such as Belgian, Swiss, or Chantilly are made? You will learn the basic techniques of weaving lace using bobbins, which may lead to using other threads, yarn, and/or wire to create your own designs. Bring a box of straight pins, scissors, pin cushion and “cover cloth” (a large cloth table napkin or any piece of fabric about 18 inches square). Bring \$5 to class for materials. Limit 12.

Karen Hickman

10:30 A.M.—12:30 P.M. Tuesday, Starts Sept. 11

Brookdale Parmer Lane Assisted Living

12429 Scofield Farms Drive (78758)

29. CHAIR YOGA Chair Yoga allows students to increase muscle strength. Selected poses strengthen the torso and large muscles. After seated warmups, standing poses help students build strength and endurance. The class ends with a period of relaxation. Students achieve increased flexibility and range of motion. Our instructor is an experienced practitioner and instructor of Tai Chi and yoga. Limit 16.

Phyllis Coombes

10:00—11:15 A.M. Tuesday, Starts Sept. 11

Belmont Village Senior Living West Lake Hills

4310 Bee Cave Road (78746)

Tuesday Afternoon—8 Meetings Unless Otherwise Noted

- 30. KNITTING AND CROCHETING** You may knit or crochet, or both, in this class. Whether new to needlework or experienced, learn at your own pace. Bring practice yarn and needles or hook to the first class. The instructor, an accomplished artist, has taught knitting and crocheting for more than 20 years. Call Pat Tittizer at 512-259-1146 with questions about the class. Limit 15.

Pat Tittizer

1:00 - 3:00 P.M. Tuesday - Crocheting

2:00 - 4:00 P.M. Tuesday - Knitting

Starts Tuesday, Sept. 11

Brookdale Parmer Lane Assisted Living

12429 Scofield Farms Drive (78758)

- 31. ISLAM—FAITH, STATE, AND HISTORY** We will review (a) Islam's basic beliefs and values and relate them to other religions, (b) the five pillars of Islam practiced by Moslems, (c) sources of Islamic laws and sharia, (d) caliphate and the socio-economic development of the Islamic state, and (e) Islamic history. We will view and discuss Mustapha al-Akkad's film *The Message* starring Anthony Quinn, the documentary *Muhammad: Legacy of a Prophet* by Alexander Kronemer and Michael Wolfe, and *Islam: Empire of Faith* by Robert Gardner. Our main reference is Karen Armstrong's national bestseller, *Islam: A Short History*. Limit 20.

Mahassen Ahmad, PhD

1:00—3:00 P.M. Tuesday, Starts Sept. 11

Bethany United Methodist Church

10010 Anderson Mill Rd (78750)

- 32. IMAGES OF SENIORS IN COMIC FILMS** This class will focus on portrayals of seniors in film comedies, either in starring roles or featured supporting roles. Titles include *Bernie*, *Enchanted April*, *Harold and Maude*, *Travels with My Aunt*, *Ladies in Lavender*, *Moonstruck*, *Murder by Death*, and *Quartet*. Michael Sirmons is a retired Professor of English and avid film buff who studied cinema history in college. He picked personal favorites that are shorter films to allow time for discussion after the viewing. Limit 16.

Michael Sirmons

1:00—3:00 P.M. Tuesday, Starts Sept. 11

Faith Lutheran Church

6600 Woodrow Avenue (78757)

Tuesday Afternoon—8 Meetings Unless Otherwise Noted

- 33. HINDI CONVERSATION AND CULTURE** Traveling to India? Meeting Indian friends or coworkers? Cooking or ordering Indian food? Exploring Bollywood movies? This course will introduce you to the basics of Hindi conversation. Most Indians know some English but may not be able to converse fluently. With knowledge of basic Hindi, a traveler can combine it with English to communicate. You'll be introduced to Hindi in the context of Indian history and culture. You'll become familiar with the Hindi alphabet, learn Hindi sentence structure, and practice basic vocabulary related to spices and foods, hotel, travel, and shopping. We will watch Bollywood movie clips, read a restaurant menu, and learn some classic Indian recipes to try at home. The students will decide whether the class visits an Indian restaurant to spend the last session practicing Hindi conversation in a relaxed and delicious setting. Our instructor is an experienced presenter, teacher, and retired engineer. Please bring \$5 to first class for handouts. Limit 15.

Rana Singh, PhD

1:00—3:00 P. M. Tuesday, Starts Sept. 11

Westover Hills Church of Christ

8332 Mesa Drive (78759)

- 34. ANCIENT HISTORY OF THE WESTERN WORLD** This course covers the period from prehistoric man to the fall of the Roman Empire. Ancient Mesopotamia, Egypt, Palestine, Persia, Greece, and Rome will all be included but not ancient India or China. Famous individuals like Hammurabi, Tutankhamun, Cyrus the Great, Alexander the Great, Homer, Pericles, Cicero, Julius Caesar, Augustus, and Constantine will take their turns in the limelight. No previous knowledge of history is necessary, and no textbooks will be required. Just come and learn about this fascinating period, remnants of which still survive in institutions today. Please bring \$3 to the first class for handouts. Limit 20.

John Dahmus, PhD

1:00—3:00 P.M. Tuesday, Starts Sept. 11

Unity Church of Austin

5501 West US Hwy 290 Service Road (78735)

Tuesday Afternoon—8 Meetings Unless Otherwise Noted

- 35. JOURNALING YOUR JOURNEY** Journaling is more than a way to record life experiences. It can help you get to know yourself better and provide a way to cope with stress, heal emotional wounds and solve problems. It's an excellent means of exploring the truths revealed in our dreams. Research shows that people who journal about personal challenges and painful events have better health outcomes than those who do not engage in such self-reflection. Participants will learn several journaling techniques so they can find one or more that suit them. They will also learn guidelines to follow to maintain a successful journaling practice, including steps to maintain privacy. Participants will be asked to bring a blank notebook and two pens or pencils. A laptop may also be used. There will be journaling exercises in each class. Students will be instructed to journal between classes using designated techniques. We will not read journal entries but will share at the beginning of each class about how the journaling process went. No writing experience necessary. **Note one-week delayed start. 6 Classes.** Limit 15.

Sheila Allee

1:00—3:00 P.M. Tuesday, **Starts Sept. 18**

Unity Church of the Hills

9905 Anderson Mill Road (78750)

- 36. THE HABSBURGS AS ART PATRONS AND COLLECTORS** For more than 800 years, beginning in the High Middle Ages, members of the Habsburg family played dominant roles on the world's political and cultural stage. Dukes, kings and emperors, the Habsburgs were generous patrons and collectors of the arts, using the visual arts as a tool to celebrate their family and to establish a visual manifestation of the legitimacy of their dynasty. Strong female Regents, like Margaret of Austria (1480-1530) also made important contributions to the artistic culture. Masterworks by artists like Titian, Durer, Velazquez, Rubens, Bruegel, and Bosch assembled in the great museums of Madrid and Vienna, as well as many other works dispersed throughout the world are monuments to the Habsburgs' passionate involvement with both the fine and the applied arts. The focus will be on the arts, but the development of the Habsburg collections will be followed within the historical context of the 15th to the 17th century. Limit 20.

Sigrid Knudsen, PhD

1:00—3:00 P.M. Tuesday, Starts Sept. 11

Triumphant Love Lutheran Church

9508 Great Hills Trail (78759)

Tuesday Afternoon—8 Meetings Unless Otherwise Noted

- 37. GREAT POETS** Reading Victorian poets from the Brownings and Tennyson through Arnold and the Rossettis to Hardy, Housman, Hopkins and Yeats, we'll discuss the ways in which these poets contributed to the ongoing development of poetry and how they reflected their times. Poems will be available online. Limit 20.
Linda Ringer Leff
1:30—3:30 P.M. Tuesday, Starts Sept. 11
Highland Park Baptist Church
5206 Balcones Drive (78731)
- 38. CONVERSATIONAL FRENCH** Join us to practice speaking in French about current events, culture, readings and/or movie excerpts shared in class. The course is designed for those with some proficiency in the language, but enthusiastic intermediate students are welcome, too. Limit 15.
Mireille Seewann
2:00—4:00 P.M. Tuesday, Starts Sept. 11
Ascension Lutheran Church
6420 Hart Lane (78731)
- 39. WHAT HATH WE WROUGHT?** A disillusioned and dilapidated Kennedy liberal considers the current state of the American republic and wonders if we will destroy the nation even before we ruin the planet. Readings and videos from contemporary authors such as Stevenson (*Just Mercy*), Hochschild (*Strangers in Their Own Land*), Wise (*Under the Affluence*), Rothstein (*The Color of Law*), Dayen (*Chain of Title*), Oliver (*Last Week Tonight*) will illustrate the difficulties increasingly encountered by a majority of our citizens as they strive to negotiate the workplace, the marketplace, medical care, housing, racial and gender bias, and the justice system. And in our discussions we will try to figure out if we are hearing the beginnings of that 'great sucking sound' which is inexorably pulling us down into the Third World. Limit 25.
Jerry Buttrey
1:30—3:30 P.M. Tuesday, Starts Sept. 11
Highland Park Baptist Church
5206 Balcones Drive (78731)

Wednesday Morning—8 Meetings Unless Otherwise Noted

40. NAVIGATING THE ESTATE PLANNING, PROBATE AND GUARDIANSHIP PROCESS WITH AN ATTORNEY AT THE HELM

We will begin with what is contained in an Estate Plan including a Last Will and Testament, Medical Power of Attorney, Statutory Durable Power of Attorney, Directive to Physician, HIPAA Release, and, if necessary, a Trust agreement. Then, we navigate through the Probate process from the filing of an Application to the closing of the Estate, as well as what happens if you or a loved one passes away without a valid Will. We review how real and personal property and various other assets pass upon a death. Continuing on, we will cover what it is to be incapacitated and how the Guardianship Application and Appointment process works. Along the way, we will discuss typical costs to hire an Attorney to assist you in preparing the various planning documents and court proceedings. We conclude with a review of Federal Trust, Estate and Gift taxes. Limit 30. **6 Classes.**

Andrea V. Comsudi, Attorney and
Counselor at Law

9:30—11:30 A.M. Wednesday, Starts Sept. 12
St. Matthew's Episcopal Church
8134 Mesa Drive (78759)

41. EVERYONE HAS A STORY—WRITE YOURS NOW The object of this course is to get your family/personal stories on paper. Studies have shown that most family stories fade beyond two generations. Our lives are filled with stories—funny, poignant, sad, spiritual, meaningful. You have stories only you can write. Most of us have wished we could ask about our families but there's no one left to ask. Leave that written legacy for others and save them that frustration. They will thank you for it. There is no instruction, but we will discuss stories and the process of writing – don't worry, it's painless. Each member should expect to write one story each week and read it in class. Listening to the stories of others frequently sparks memories of our own so we add to our list of stories to write. At the end of the semester, we will produce a class book to which you are encouraged to contribute your stories. Need more info? Call Gayle Opie at 512-704-6558. Leave a message for return call. Limit 12.

Gayle Opie
9:45 A.M.—12:15 P.M. Wednesday
Starts Sept. 12
Unity Church of Austin
5501 W. Hwy. 290 Service Road (78735)

Wednesday Morning—8 Meetings Unless Otherwise Noted

- 42. BIRDS OF CENTRAL TEXAS** With more than 400 different species possible in Travis County it is a great place to take up bird watching. This course with PowerPoint slideshows and time for Q&A is suitable for new, casual and “new to Austin” birders. Topics include the well-equipped birder, basic identification, behavior and vocalizations, migration, attracting birds, where to go birdwatching and conservation challenges. The focus will be on charismatic species that are fairly easily seen or heard like owls, hummingbirds, raptors, purple martins, chimney swifts, expected backyard birds, ducks and water birds. One session will be a field trip, and we may also step outside our meeting place to check for birds. An experienced teacher and avid birder, our instructor has taught for Travis Audubon, the Native Plant Society, Austin’s Wildlife Habitat Steward Program and many local groups. She gardens for birds with 75 species on her yard list. Please bring \$1 for handouts for the course. Limit 25. **Note one-week delayed start. 7 classes.**

Jane Tillman

10:00 – Noon Wednesday, **Starts Sept. 19**

Triumphant Love Lutheran Church

9508 Great Hills Trail (78759)

- 43. EARTH, WIND, AND FIRE—ASPECTS OF PHYSICAL GEOLOGY** Learn how plate tectonics controls the distribution of earthquakes, volcanoes, and Andean-type mountain ranges; about predicting the next big quake; behavior of rivers and deltas; why New Orleans is doomed and the Tower of Pisa leans. We will explore fossil fuels, fracking, groundwater, caves, climate cycles, global warming, and other fascinating phenomena. Limit 25.

Earle F. McBride

10:00—Noon Wednesday, Starts Sept. 12

Faith Lutheran Church

6600 Woodrow Avenue (78757)

Wednesday Morning—8 Meetings Unless Otherwise Noted

- 44. EINEN SCHOENEN GUTEN TAG!—INTERMEDIATE GERMAN** This class is designed for students who can at least form basic sentences and communicate in German. Writing, listening and speaking will be given equal attention, while grammar will be deepened and expanded. Brief excursions into German culture and history will be intertwined with the lessons. The class is taught by a native German speaker. Please bring \$3 to first class for course materials. Limit 20.

Henrike Belz

10:00—Noon Wednesday, Starts Sept. 12

Crestview United Methodist Church

1300 Morrow Street (78757)

- 45. GENEALOGICAL RESEARCH WORKSHOP** This course is called a workshop because it is designed to teach more about *how* to do genealogical research than about *what* to research. Topics will be more about how to find the information you need as opposed to sharing what was found. “Brick walls” are all about not being able to find that one piece of information you need. We will learn about programs, internet sites and tools that can help you with your brick walls. You will hear from some great presenters and get to spend 8 weeks networking with other genealogists, learning and exchanging ideas. The instructor is the organizer for AustinGenSIG, an active member of both Austin and Williamson County Genealogical Societies, and an experienced presenter. Please bring \$3 for handouts. Limit 35.

John Marostica

10:00—Noon Wednesday, Starts Sept. 12

Northwest Recreation Center

2913 Northland Drive (78757)

Wednesday Morning—8 Meetings Unless Otherwise Noted

- 46. WRITING MEMOIRS** You wish you knew your ancestors' stories. If you don't write your family stories, your grandchildren will also have to wish. Here's an opportunity to dip into your memory and write your stories to share and save for the younger generations of your family. Don't let your stories be lost! We write them at home, read them to the class, and can contribute them to the Class Book. This is not a class on how to write. No instruction is given, but we learn from each other. Limit 20.

Richard Robertson, Coordinator

10:00—Noon Wednesday, Starts Sept. 12

Highland Park Baptist Church

5206 Balcones Drive (78731)

- 47. VIKINGS—RAIDERS, TRADERS, SETTLERS** The Norse of Norway, Denmark, and Sweden went on “Viking” raids sweeping along the beaches and up the rivers of Eastern and Western Europe. It was the shock and awe period of the medieval age. Raiding gave way to trading and settling. They struggled for the mastery of England, they founded Dublin and the Dukedom of Normandy, and they laid the foundations for modern Russia. Exploring westward, they colonized Iceland, Greenland and even had outposts on Newfoundland. They made it to North America 500 years before Columbus and established a trading network from Baghdad to the North American coast. In this course we will explore Viking culture, ships, raiding, trading, exploring and legacy. Our instructor is a retired Naval officer, business executive, and life-long sailor. Limit 50. **6 Classes.**

Todd Clayton

10:00—Noon Wednesday, Starts Sept. 12

Northwest Recreation Center

2913 Northland Drive (78757)

- 48. THERAPEUTIC YOGA** Ideal for beginner and intermediate levels, this is a holistic, eclectic approach to traditional yoga, designed to provide stress relief through pranic breathing techniques, flexibility of joints and spine through simple and safe postures, and an enhanced mind-body connection through better awareness of breath. You'll feel the difference! Bring a yoga mat and wear loose, comfortable clothing. Limit 25. **New venue!**

Zareen Shah

10:30—11:30 A.M. Wednesday, Starts Sept. 12

Corazón Latino Dance Studio

500 W. William Cannon Drive Ste. 400 (78745)

Wednesday Morning—8 Meetings Unless Otherwise Noted

- 49. SPANISH BEGINNER 2B** This course is organized around a popular video-based course available on YouTube. You should be familiar with—though have not yet mastered—the preterite and imperfect. Goals for the course include expanding vocabulary, developing greater proficiency using the preterite and imperfect, direct and indirect object pronouns, especially in speaking. The present subjunctive, used in direct and indirect commands, will be introduced and practiced in context. \$2 will cover handouts. Limit 20.

Jann Randle

10:00—Noon Wednesday, Starts Sept. 12

St. Martin's Lutheran Church

606 W. 15th Street (78701)

- 50. SPANISH SPECIAL TOPICS: REGIONES E HISTORIA DE ESPAÑA**

This 6-week course, **taught in Spanish**, introduces Spain, a country made up of “patrias chicas” or historical regions. We'll examine several of these regions, looking at their histories, languages, customs, food and art. Regions and Themes: **Roman Hispania**—institutions, administration, commerce, urban and rural life; **Basque Country**—whalers, explorers and saints; **Asturias**—the mountainous North, where the Christian “Reconquest” began; **Galicia**—green Celtic land of rain and pilgrims; **Catalonia**—a Mediterranean economic power with its own national identity and language; **Castilla y León**—nucleus of the Castilian state and cradle of the Castilian language; **Andalusia**—Roman *Baetica*, invaded by Muslim Africans in 711 CE; Muslim conquest and kingdoms; Christian and Muslim art and architecture. Instructor David Wise made his first trip to Spain in 1971 and his tenth in 2015. Cost of texts and handouts will not exceed \$10. **Note: LLI advanced Spanish or equivalent is required.** Limit 30. **6 Classes.**

David Wise, Ph.D.

10:00—Noon Wednesday, Starts Sept. 12

Highland Park Baptist Church

5206 Balcones Drive (78731)

Wednesday Morning/Afternoon—8 Meetings Unless Otherwise Noted

- 51. LINE DANCE 101** This course is for beginners or for those who wish to continue at this level. We will do easy ultra-beginner dances in the first half of class, then progress to some syncopation and higher-level beginner dances. You will be taught basic steps: scissor steps, coasters, sailor steps, jazz box, triple steps. Wear comfortable clothes and secure shoes. Limit 40.

Pat Watson

10:30—11:30 A.M. Wednesday, Starts Sept. 12

Ascension Lutheran Church

6420 Hart Lane (at MoPac) (78731)

Wednesday Afternoon—8 Meetings Unless Otherwise Noted

- 52. ACRYLICS OPEN STUDIO** This studio will be open to all levels of painting with acrylics. There will only be a facilitator (not a teacher) but there will be fellow students willing to help and share their painting skills. Please bring your own supplies. This will be a fun time to come paint and create! If you have any questions, please feel free to call Kaye (512-774-8796). Limit 20

Kaye Labaj, Facilitator

12:45—3:15 P.M. Wednesday, Starts Sept. 12

Belmont Village Senior Living West Lake Hills

4310 Bee Cave Road (78746)

- 53. BEGINNING QUILTMaking** This class will take a beginning quilter through learning to cut accurately, sew accurately and produce a quilt top. We will have an overview of the quilting process needed to finish the quilt. We will use Alex Anderson's book, *Start Quilting with Alex Anderson* (3rd Edition) and focus on the Log Cabin quilt. (There may be a cost for the supplies in addition to the book.) Limit 12.

Susan Tennison

1:00—3:00 P.M. Wednesday, Starts Sept. 12

Christ Lutheran Church

300 E. Monroe Street (78704)

Wednesday Afternoon—8 Meetings Unless Otherwise Noted

- 54. ITALIAN FOR BEGINNERS 2** If you have had Beginner Italian 1 and wish to continue to improve grammar, vocabulary and conversational skills, this is the course for you. The instructor is a native speaker of Italian and an experienced language teacher and learner. She will advise about level readiness and textbook at the first class meeting. Please bring \$2 to cover cost of copies. **Note that to enroll in this BEGINNER 2 class, some knowledge—one or two semesters—of Italian is required.** Limit 20.

Tina Polo

1:00—3:00 P.M. Wednesday, Starts Sept. 12

Highland Park Baptist Church

5206 Balcones Drive (78731)

- 55. PHOTOGRAPHY AS LYRICAL DOCUMENTARY** Lyrical Photography is more poetic, more fictional, than a photo-journalistic document or a snapshot. It is descriptive, yet it describes some sense that lies below the surface. It is also more personal, and perhaps, even more honest than traditional photography. The course will explore how to create lyrical photography—photography that tells a story—by looking at the masters, past and present, of "lyrical photography." It will ask, how do we use photography to tell a story that differentiates one place or one person from another? How do we create our own personal lyrical style of photography? This is not a technical "how-to" photography course. Limit 25.

Frank Mills

1:00—3:00 P.M. Wednesday, Starts Sept. 12

Northwest Recreation Center

2913 Northland Drive (78757)

- 56. THE SHORT STORY** Using the *Scribner Anthology of Contemporary Short Fiction*, 2nd ed., we'll discuss writers spanning the last quarter of the 20th century, starting with Russell Banks' "Sarah Cole: A Type of Love Story." Limit 25.

Linda Ringer Leff

1:30—3:30 P.M. Wednesday, Starts Sept. 12

Highland Park Baptist Church

5206 Balcones Drive (78731)

Thursday Morning—8 Meetings Unless Otherwise Noted

- 57. INDIA—COUNTRY OF DIVERSITY** The most populous nation and largest democracy in the world, India seems to the foreign eye chaotic and likely to provoke intense emotions. It has many different peoples, cultures, religions, languages, artistic traditions, types of governance, and political parties. But this tremendous diversity can also be seen as a major aid in the development of its society and governance. The diversity derives from the country's geography and unique crossroads location, and from a tradition of freedom, individuality and tolerance. Yet the primacy of social units such as family, clan, caste, and religion give it a surprising cohesion as a nation. This course provides both a personal and data-based view of India's character, history, geography, languages, and arts. Our instructor is a native of India, who has settled in Austin after a business management career spanning 35 years, 6 countries and 3 continents. Please bring \$4 for handouts to the first class. Limit 40. **6 Classes.**

Anand Kruttiventi

10:00—Noon Thursday, Starts Sept. 13

Northwest Recreation Center

2913 Northland Drive (78757)

- 58. SPANISH INTERMEDIATE 2A—GRAMMAR, READING AND CONVERSATION** This course is for students who have some familiarity (not mastery) with most Spanish verb forms but need review and practice. We will read short passages from novels, review fundamentals of grammar, and work on extending vocabulary for common activities. You can repeat this class as many times as you like. There is much to learn! Please bring \$4 for handouts to the first class. Limit 20.

Odilia Leal-McBride

10:00—Noon Thursday, Starts Sept. 13

Faith Lutheran Church

6600 Woodrow Avenue (78757)

Thursday Morning—8 Meetings Unless Otherwise Noted

- 59. BEGINNING FRENCH 2** Emphasizing vocabulary development, pronunciation, reading and listening comprehension and conversation, this course is for students who have completed Beginning French 1 or those who have some knowledge of basic French. Limit 25.

Betty Clough

10:00—Noon Thursday, Starts Sept. 13

Highland Park Baptist Church

5206 Balcones Drive (78731)

- 60. GREAT DECISIONS 2018—U.S. FOREIGN RELATIONS** Class sessions will follow the 2018 edition of *Great Decisions*. It contains eight chapters on eight different issues, one for each class session. The text chapters will be followed sequentially. Find more information and order a copy of *Great Decisions 2018* (\$30) at the website

http://www.fpa.org/great_decisions/?act=gd_materials

For a summary of the individual chapters, please go to

http://www.fpa.org/news/index.cfm?act=show_announcement&announcement_id=418

For the first class, we will cover Chapter 1, “The Waning of Pax America.” Please be prepared to discuss it. It is preferable for all sides of an issue to be covered from different perspectives. Please do not be concerned if you do not agree with the solutions offered in each chapter. The only rules are that one can disagree with the book or with statements made by others in the class, provided verifiable facts and logic are followed, and as long as one is not disagreeable. Participation in class discussions is strongly encouraged. Sometimes, original solutions are arrived at this way. However, if one prefers to listen to the class discussions only without necessarily participating, please let the instructor know, preferably by text at 512-577-5140 or by email at raulrezav@yahoo.com, or at the first class meeting. Limit 20.

Raúl Reza Vásquez

10:00—Noon Thursday, Starts Sept 13

St. Martin’s Lutheran Church

606 W. 15th Street (78701)

Thursday Morning—8 Meetings Unless Otherwise Noted

- 61. INTRODUCTION TO NUCLEAR SCIENCE** This introduction to nuclear science assumes that attendees have forgotten most of what they may have learned in high school chemistry. It will cover a variety of topics including the structure of atoms, radioactivity, ionizing radiation, and biological effects of radiation. Nuclear power generation, the control of chain reactions and the safety of nuclear reactors are also covered. We will discuss nuclear accidents such as Fukushima and Chernobyl and learn why nuclear reactors are not like atomic bombs. Our instructor is a retired Professor of Nuclear Physics, who has enjoyed teaching the subject to students at many levels, from Boy Scouts to graduate students. Limit 20. **6 Weeks.**

Ezra Lippincott, PhD

10:00—Noon Thursday, Starts Sept. 13

Berkeley United Methodist Church

2407 Berkeley Drive (78745)

- 62. CONSORT RECORDER** This course is for those who already read music and have some previous experience playing one or more sizes of recorder. A "consort" is an ensemble of Soprano, Alto, Tenor, and Bass recorders. We learn and play music from the Medieval and Renaissance periods to the present. If you enjoy playing recorder music and would like to be part of a consort, then this group is for you. To register as a new member, please first contact the group facilitator, Susan Richter at 512-825-4252 or richter@haus.org. She will provide more information about what's needed for the course. Limit 20.

Susan Richter

10:15—Noon Thursday, Starts Sept. 13

Genesis Presbyterian Church

1507 Wilshire Boulevard (78722)

- 63. MAH JONGG** Learn to play the age-old game of Mah Jongg, which quickly is becoming the most popular game played by both women and men of all ages. It is a great social game to enjoy with friends or you can play competitively at tournaments. Mah Jongg is similar to Rummy, using tiles instead of cards; players learn to make runs and sets. Your teacher is a Master Mah Jongg player, ranking in national and local tournaments. She'll teach you National Mah Jongg rules and social/tournament strategy.

Thursday Morning/Afternoon—8 Meetings Unless Otherwise Noted

MAH JONGG, Cont.

Each student will need to purchase the National Mah Jongg League, Inc. Official Standard Hands and Rules Card 2018. Cards are available on the National Mah Jongg League website www.nationalmahjonggleague.org or Amazon. The price is \$8 for a standard card or \$9 for the large print. Limit 20.

Gail Radke

10:00—Noon Thursday, Starts Sept. 13

Lamar Senior Activity Center

2874 Shoal Crest (near 29th and North Lamar)
(78705)

Thursday Afternoon—8 Meetings Unless Otherwise Noted

- 64. GUTEN TAG! BEGINNER GERMAN 1** Taught by a native speaker with a deep love for her language and her country, this course provides the first basics of vocabulary, grammar and pronunciation to get started speaking, reading and writing German. Learn to introduce yourself, ask basic questions for time and travel, describe your interests . . . and get hooked! Please bring \$3 for course materials. Limit 20.

Henrike Belz

12:30—2:00 P.M. Thursday, Starts Sept. 13

Crestview United Methodist Church

1300 Morrow Street (78757)

- 65. LGBT IMAGES IN FILM—1990s** This class will focus on how the LGBT community was portrayed in 1990s films, an era in which sexual minorities were gaining wider social acceptance. Titles include three comedies (*In and Out*, *Billy's Hollywood Screen Kiss*, and *Happy, Texas*), two serious dramas (*Boys Don't Cry* and *Priest*), one documentary (*Last Call at Maud's*), and two World War II historical dramas (*Bent* and *Antonia's Line*, a Dutch film that won an Oscar for Best Foreign Language Film). Michael Sirmons is a retired Professor of English and an avid film buff who studied cinema history in college. The highlight of his 36-year teaching career was a course he developed on Gay and Lesbian writers. Limit 16.

Michael Sirmons

12:45—3:00 P.M. Thursday, Starts Sept. 13

Faith Lutheran Church

6600 Woodrow Avenue (78757)

Thursday Afternoon—8 Meetings Unless Otherwise Noted

- 66. TED TALKS DISCUSSION GROUP** Does a wide range of viewpoints stimulate you? Then TED Talks (Technology, Entertainment and Design) is for you! With its agenda to make great ideas accessible and spark conversation, TED provides short, powerful, audio/visual presentations (20 minutes or less) covering a wide variety of topics, from science to business to global issues. It's a clearinghouse of free knowledge from a range of inspired thinkers and a community of curious individuals willing to engage with ideas and with each other. In this course, participants will view 2-3 TED Talks per week outside of class, then gather in class to discuss these ideas. NOTE: TED Talks are **not shown** in the class. In preparation for the first class, participants should view the following three TED Talks (approximately 36 minutes total):
https://www.ted.com/talks/lera_boroditsky_how_language_shapes_the_way_we_think
https://www.ted.com/talks/andrew_dent_to_eliminate_waste_w_e_need_to_rediscover_thrift
https://www.ted.com/talks/leo_igwe_why_i_choose_humanism_over_faith

For specific questions, please email the facilitator, Michelle d'Arcy, at tedlliaustin@gmail.com Limit 20.

Michelle d'Arcy

1:00—3:00 P.M. Thursday, Starts Sept. 13

St. Luke United Methodist Church

1306 West Lynn Street (78703)

- 67. EXPLORING END-OF-LIFE OPTIONS** If you'd like to explore end-of-life options without someone trying to sell you a policy, a casket, or a point of view, this course is for you! We'll discuss ways to reduce final expenses; compare prices at local funeral homes; and talk about eco-friendly green burial, tissue, organ, and whole-body donation; palliative care and hospice; and a whole lot more. You'll have an opportunity to complete medical directives and learn ways to discuss your choices with your family and healthcare providers. Presenters include subject matter experts from the Funeral Consumers Alliance of Central Texas and other organizations that educate the public about end-of-life options. Please bring \$10 to first class session for extensive handouts. Limit 20.

Nancy Walker, Coordinator

1:00—3:00 P.M. Thursday, Starts Sept. 13

Genesis Presbyterian Church

1507 Wilshire Boulevard (78722)

Thursday Afternoon—8 Meetings Unless Otherwise Noted

- 68. ZENTANGLES—LINE AND PATTERN DRAWING** This is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. The process increases focus and creativity while providing artistic satisfaction along with an increased sense of personal well-being. No drawing skills are required for taking this class! After registering, contact the instructor for a list of inexpensive supplies at cherryt@austin.rr.com . Limit 30.

Cherry Taylor

1:00—3:00 P.M. Thursday, Starts Sept. 13

United Christian Church

3500 W. Parmer Lane (west of MoPac) (78727)

- 69. INTERMEDIATE KUMIHIMO—BEYOND THE BASICS** For students who already know how to use a foam Kumihimo disk and follow simple braiding patterns, this class will continue to explore the ancient art of Japanese braiding using more intricate and exotic patterns. We will learn several new methods and experiment with colors, textures and beads. The class will be fast-paced; the basic techniques will not be taught. NOTE - students must have completed the Beginning Kumihimo course. Students will be expected to have the basic equipment and provide their own materials to be used in the braiding process. Limit 20.

Rick Miller

1:00—3:00 P.M. Thursday, Starts Sept. 13

Highland Park Baptist Church

5206 Balcones Drive (78731)

- 70. FROM PCs TO PHONES AND MORE—SIMPLE ADVICE ABOUT YOUR ELECTRONIC DEVICES** It's hard to keep up with technology changes. This class will cover basic concepts and practical applications for your devices. You'll learn how to make the most of your electronic device, simplifying everyday tasks. Bring a written list of your top device peeves to class and we will explain and unravel your issues. The curriculum is guided by student needs, questions and desires, and can range from buying a device that suits your needs, to choosing when to upgrade software. Any **portable** device—laptop PC, Apple, tablet or phone—is fair

Thursday Afternoon—8 Meetings Unless Otherwise Noted

PCs TO PHONES, Cont.

game. Bring 'em if you got 'em. The instructor started using electronic devices in her professional career in the mid-1980s and has continued to upgrade through the latest operating systems. She learned how to use devices well and solve problems as deadlines loomed and tech help had gone home for the night. She specializes in making the complex simple. Limit 20.

Linda Gibson

1:30—3:30 P.M. Thursday, Starts Sept. 13

Bethany United Methodist Church

10010 Anderson Mill Road (78750)

- 71. T'AI CHI (TAIJI) AND QIGONG** These forms have been used for centuries as gentle, soothing, enjoyable exercises to increase circulation, enhance balance and concentration, and gently tone the body for health and well-being. We will do Qigong exercises developed for optimum health, as well as T'ai Chi (Taiji) forms. Wear comfortable clothes and shoes. The instructor has been practicing and teaching these forms for more than 35 years. Limit 26.

Anya Rylander-Jones, PhD

2:00—3:30 P.M. Thursday, Starts Sept. 13

Westlake Hills Presbyterian Church

7127 Bee Cave Road (78746)

- 72. EINEN SHOENEN GUTEN TAG! BEGINNER GERMAN 2** This course starts off with the basic grammar structure for a regular sentence (subject, object, verb) and the application of cases and their identifying articles. For questions regarding level readiness, please contact the instructor through LLI. If you have never taken German before, you might want to join the "true beginners" class. (See course 64). Please bring \$3 for course materials. Limit 20.

Henrike Belz

2:15—3:45 P.M. Thursday, Starts Sept. 13

Crestview United Methodist Church

1300 Morrow Street (78757)

Thursday Afternoon—8 Meetings Unless Otherwise Noted

73. SILENTS, SLAPSTICK, SCREWBALL, SATIRE IN AMERICAN COMEDY

We'll explore the variety, sources and influences on American comedy through the 1950s—from the physical humor and sight gags of silent stars like vaudevillian Buster Keaton to the sophisticated satire of émigrés like Billy Wilder. Features are shown in entirety with no class break. **When occasional films run 2 hours, class extends to 4:15.** Correct email address is important as students receive email at least once a week with film background and other film-related news. **Note: no class Nov. 1. Class extends one week.** Limit 35.

Betsy Tyson

2:00—4:00 P.M. Thursday, Starts Sept. 13

Westminster Presbyterian Church

3208 Exposition Boulevard (78703)

74. YOGA FIT Using yoga exercises, we strengthen and tone the body, enhance flexibility in the joints, improve balance and focus, reduce stress, and improve circulation and concentration. Please bring a mat or blanket to class and wear comfortable, non-binding clothes. As with any exercise program, check first with your doctor, especially if there is any history of untreated high blood pressure, eye complications from disease, or other health concerns. The instructor has been practicing and teaching yoga for more than 40 years. Limit 23.

Anya Rylander-Jones, PhD

3:30—4:30 P.M. Thursday, Starts Sept. 13

Westlake Hills Presbyterian Church

7127 Bee Cave Road (78746)

Friday Morning—8 Meetings Unless Otherwise Noted

- 75. KNITTING AND CROCHETING** You may knit or crochet, or both, in this class. Whether new to needlework or experienced, learn at your own pace. Bring practice yarn and needles or hook to the first class. The instructor, an accomplished artist, has been teaching knitting and crocheting for over 20 years. Call Pat Tittizer at 512-259-1146 with any questions about the class. Limit 15.

Pat Tittizer

9:30—11:30 A.M. Friday, Starts Sept. 14

United Christian Church

3500 W. Parmer Lane (78727) (West of MoPac)

- 76. YOUR MEMOIRS—YOUR WRITTEN LEGACY** The object of this course is to get your family/personal stories on paper. Studies have shown that most family stories fade beyond two generations. Our lives are filled with stories – funny, poignant, sad, spiritual, meaningful. And you have stories only you can write. Most of us have wished we could ask about our families but there's no one left to ask. Leave that written legacy for others and save them that frustration. They will thank you for it. There is no instruction, but we will discuss stories and the process of writing – don't worry, it's painless. Each member should expect to write one story each week and read it in class. Listening to the stories of others frequently sparks memories of our own so we add to our list of stories to write. At the end of the semester, we will produce a class book to which you are encouraged to contribute your stories. Need more info? Call Gayle Opie at 512-704-6558. Leave a message for a return call. Limit 12.

Gayle Opie, Facilitator

9:45 A.M.—12:15 P.M. Friday, Starts Sept. 14

United Christian Church

3500 W. Parmer Lane (78727) (West of MoPac)

- 77. SPANISH FOR BEGINNERS 2A** If you are familiar with Spanish verb use in the present tense and ready to tackle the past tenses, this is a good course for you. We'll practice speaking in small groups and use free online Spanish programs for out-of-class exercises. The class is fun and challenging. You will need to bring a notebook and a good Spanish-English dictionary. Please bring \$2 for handouts for the whole course. Limit 25.

Julie P. Sanford

10:00—Noon Friday, Starts Sept. 14

Highland Park Baptist Church

5206 Balcones Drive (78731)

Friday Morning—8 Meetings Unless Otherwise Noted

- 78. YIN YOGA** Yin yoga is a floor-based form of practice designed to balance the yin (passive) with the yang (active) parts of our lives. Yin-style yoga, derived from Taoist teachings, works well in conjunction with acupuncture and other traditional Chinese medicine practices. This 75-minute class emphasizes stillness; poses are held passively for several minutes at a time, creating deep stretches in the joints and connective tissue. The typical result is enhanced flexibility and a profound sense of well-being. Bring a yoga mat and (optional but recommended) a small (3'x5') blanket, and wear loose, comfortable clothing. The instructor has studied yoga for over 30 years and taught since 2003. Limit 16.

Cynthia Cooper

10:00—11:10 A.M. Friday, Starts Sept. 14

Belmont Village Senior Living West Lake Hills
4310 Bee Cave Road (78746)

- 79. ENTOMOLOGY—GET TO KNOW THE INSECTS** Join us for an intimate look at the minute creatures that rule the world. Of all the animal species on our planet, 4 out of 5 are insects! They are a major component of terrestrial ecosystems; include important pollinators, pests and recyclers; and are some of the most fascinating beings on Earth. We will explore this delightful fauna through colorful slideshow presentations, focusing on basic identification, behaviors, lifestyles and associations. One session will be a field trip, and we sometimes go outside to explore the area around our meeting place. Limit 20.

Valerie Bugh

10:00—Noon Friday, Starts Sept. 14

Northwest Recreation Center
2913 Northland Drive (78757)

- 80. THE PHOTOGRAPHER'S EYE** This is NOT your ordinary photography class. You will not need to bring a camera. Designed for beginning and advanced photographers, as well as for non-photographers, this interactive visual experience is for those who want to gain a greater understanding of what makes a great photograph. We will review the history of photography, compare and contrast photography with other art forms, discuss the differences between photography as journalism and photography as art, debate the ethics of photomanipulation and post-processing, and learn how to transform a mediocre snapshot into a compelling photograph. We will study some of the great

Friday Morning—8 Meetings Unless Otherwise Noted

THE PHOTOGRAPHER'S EYE, Cont.

painters and photographers of the past and discover some of the new masters of photography. We will be both admiring and critical of their works. Class participation will be encouraged. At the end of this journey, you will never look at photographs the same way again. Limit 25.

Gene Sellers

10:00—Noon Friday, Starts Sept. 14

Unity Church of the Hills, Friendship Hall
9905 Anderson Mill Road (78750)

- 81. THE CRAFT OF LIFESTORY WRITING** This course will teach you the basics of turning memory fragments into polished stories that others will want to read and remember. You will learn about the writing process and story elements like structure, beginnings and endings, and plot. You will also learn how to enhance stories with dialogue, description, personal reflection and basic editing. We'll cover versions of truth and boundaries of disclosure along with basic word processing tricks. By the end of the course you will have at least half a dozen stories to share with pride. Our instructor is a veteran writing instructor and editor, the author of *The Heart and Craft of Lifestory Writing*, three other books, and a blog, heartandcraft.blogspot.com. Limit 15.

Sharon Lippincott

10:00—Noon Friday, Starts Sept. 14

Berkeley United Methodist Church
2407 Berkeley Avenue (78745)

- 82. MOSAICS AND MORE (OPEN STUDIO)** Do you find it easier to work on creative projects in a fun, supportive, and inspiring group? If so, this class is for you. Open to all previous Mosaics 101 students as well as anyone with a portable project to complete that is suitable for a group setting. No specific instruction will be provided, though expertise will be shared. Stained glass, polymer clay, fiber, mixed-media, and collage artists are all welcome, as well as quilters, beaders, painters, knitters, origami creators, and others. Celebrate and share your creativity! Please contact instructor at ksitars@hotmail.com if you have questions. Limit 24. **7 classes.**

Kathy Ortiz

10:00A.M—12:30 P.M. Friday, Starts Sept. 14

Faith Lutheran Church
6600 Woodrow Avenue (78757)

Friday Morning—8 Meetings Unless Otherwise Noted

- 83. YOUR MOTHER’S DAUGHTER—A WRITING WORKSHOP FOR WOMEN** What’s it like to be your mother’s daughter? Whether your mother raised you, gave you up for adoption, died in childbirth, or left you never to return, your mother gave your life its first course. Daughters are most influenced by their mothers. Mothers teach us how to become women. This workshop will address the daughter/mother powerful and enigmatic relationship through the power of memoir writing. *Echoes from the Womb, a Book for Daughters* will be a resource for writing assignments and the course. It is highly recommended that you purchase it through Amazon or Kindle. **Note: Please refrain from wearing perfume products and bringing laptops to class.** Bring paper and pens. Limit 20.

Jan Marquart, LCSW

10:00—Noon Friday, Starts Sept. 14

Renaissance—Austin

11279 Taylor Draper Lane (78759)

- 84. ADVANCED QUILTING—PINEAPPLES** The Pineapple block is a variation on the Log Cabin block, but with many more design possibilities and piecing methods. We will study the many piecing methods while considering the different design possibilities in this class. Our main text will be Jane Hall’s book, *Fresh Pineapple Possibilities*. Come prepared to learn all about Pineapples! Limit 15.

Susan Tennison

10:00—Noon Friday, Starts Sept. 14

Christ Lutheran Church

300 East Monroe Street (78704)

LLI...

Convenient Locations

Free Parking

Expert Instructors

Congenial Classmates

And

The Best Bargain in Town!

Friday Morning/Afternoon—8 Meetings Unless Otherwise Noted

- 85. LINE DANCE 102** Students must know basic Line Dance steps before entering this course. If in doubt, call the instructor (phone 512-260-1354) BEFORE registering. We will do Improver, Easy Intermediate and some Advanced dances with possible restarts and tags. Limit 40.

Pat Watson

10:30—Noon Friday, Starts Sept. 14

Ascension Lutheran Church

6420 Hart Lane (at MoPac) (78731)

Friday Afternoon—8 Meetings Unless Otherwise Noted

- 86. WRITE YOUR STORY—IT'S EASIER THAN YOU THINK**

The object of this course is to get your family/personal stories on paper. Studies have shown that most family stories fade beyond two generations. Our lives are filled with stories – funny, poignant, sad, spiritual, meaningful. And you have stories only you can write. Most of us have wished we could ask about our families but there's no one left to ask. Leave that written legacy for others and save them that frustration. They will thank you for it. There is no instruction, but we will discuss stories and the process of writing – don't worry, it's painless. Each member should expect to write one story each week and read it in class. Listening to the stories of others frequently sparks memories of our own so we add to our list of stories to write. At the end of the semester, we will produce a class book to which you are encouraged to contribute your stories. Need more info? Call Gayle Opie at 512-704-6558. Leave a message for a return call. Limit 12. **Note no class on October 12; course extends one week.**

Gayle Opie, Facilitator

1:30—3:30 P.M. Friday, Starts Sept. 14

YMCA—North

1000 West Rundberg Lane (78758)

Wanted: Volunteers

**If you enjoy taking LLI courses, please remember
that LLI is an all-volunteer organization.**

Are you a good teacher?

Or a good organizer?

A handy person with audio-visual equipment?

A good detail person?

An enthusiastic team member?

A computer wiz?

A graceful facilitator?

Then we may need you!

*To volunteer as an administrator,
an office volunteer, or a Teacher Aide,
Call the office at 512-206-4232,
or submit a volunteer form.*

*To submit a course proposal
or nominate a potential instructor,
email Julie Sanford at jimpsanfor@gmail.com*